

In Our Neighborhood		Yukon Police Department	
Email VonElmEast@cox.net		Non-Emergency (Crime is not ongoing.)	354-1711 or 354-2553
Facebook at Von Elm East		Emergency	911
Cheryl Drabek, Volunteer NW Contact		www.CityofYukonOK.gov Online Incident Reporting at Police Dept. Link Crimes reported not requiring officer present Includes IDENTITY THEFT	
<i>Love your neighbor as yourself.</i>			
Newsletter provided/printed by Community Action Agency Dec 2014 Vol 6 Issue 12	354-6312... Animal Control...354-2553 if closed		

Coming Soon

? Wednesday, Jan 21

“Ask a Police Officer and a Neighbor”

Open forum for questions and discussion
with our

Neighborhood Officer, Sgt. Zach

Ask questions about our YPD, Crimes,
Crime Prevention, Operations, etc.

Wednesday, January 21 at 7:00 pm
Drabek's home at 4713 Elk Run

Yukon Police Department Last Month Crime Stats

We are pro-active!



No reported crime for the month of
November—which is great!

Sgt. Zach Roberson

HAPPY PEOPLE DON'T MURDER

During the happiest season of the year often comes
some of the most tragic news of domestic violence
ending with the loss of an entire family. Why?

From what movie came this quote?

Elle said: I just don't think that Brooke
(a fitness instructor) could've done this.

Exercise gives you endorphins. Endorphins
make you happy. Happy people just don't
shoot their husbands, they just don't.

(Find the answer in our newsletter.)

Can we start now – let the happy season begin
“within” us – get a jump start on the New Year – and
FIGHT CRIME driven by one's personal pain? How?

Excerpt from www.webmd.com ...

*Improved self-esteem is a key psychological benefit of
regular physical activity. When you exercise, your body
releases chemicals called endorphins. These endorphins
interact with the receptors in your brain that reduce your
perception of pain.*

*Endorphins act as analgesics, which means they
diminish the perception of pain. They also act as
sedatives. They are manufactured in your brain, spinal
cord, and many other parts of your body and are released
in response to brain chemicals called neurotransmitters.
The neuron receptors endorphins bind to are the same
ones that bind some pain medicines. However, unlike with
morphine, the activation of these receptors by the body's
endorphins does not lead to addiction or dependence.
(Bummer, can't get addicted to exercise.)*

Regular exercise has been proven to:

- Reduce stress
- Ward off anxiety and feelings of depression
- Boost self-esteem
- Improve sleep

Exercise also has these added health benefits:

- It strengthens your heart.
- It increases energy levels.
- It lowers blood pressure.
- It improves muscle tone and strength.
- It strengthens and builds bones.
- It helps reduce body fat.
- It makes you look fit and healthy.



*Have a plan and do it with your
family or others with like-goals.*



In Real Estate Our Addition

Questions? / Resources? / Home Valuations?

Greg Ouren **Keller Williams** **405 630 4695**
www.2potatoes.com

ADDRESS	BUILT	BED/BA/GAR	SFT	LIST/CLOSED
ACTIVE:				
1409 BOIS D ARC DR	1996	3/2/2	1953	\$169,900
PENDING:				
1409 CHIMNEY HILL RD	1993	3/2/2	1473	\$142,900
CLOSED: NA				
YUKON SCHOOL DIST STATS:				
256 ACTIVE AVE	\$215,780 / 103.62	115	PENDING	
	AVE \$184,338 / 97.14			
68 SOLD	\$182,048 / 93.76	52	DAYS ON MARKET	
METRO STATS:	AVERAGE SELL PRICE \$182,086 (OCT) not updated			
	GETTING 98% OF LIST PRICE			



The Green Thumb for January

From: Oklahoma Cooperative Extension Service
HLA-6408 Landscape Maintenance Schedule

From: Oklahoma Cooperative Extension Service
<http://pods.dasnr.okstate.edu/docushare/dsweb/Get/Document-1136/HLA-6408web.pdf>

- ☐ If precipitation has been deficient (1" of snow = 1/10" of water), water lawns, trees, and shrubs, especially broadleaf and narrow leaf evergreens. Double check moisture in protected or raised planters.
- ☐ Check on supplies of pesticides. Secure a copy of current recommendations and post them in a convenient place. Dilution and quantity tables are also useful.
- ☐ If you did not treat young pines for tip borers in November, do so before March.
- ☐ Check that gardening tools and equipment are in good repair—sharpen, paint, and repair mowers, edgers, sprayers, and dusters.
- ☐ Inspect your irrigation system and replace worn or broken parts.
- ☐ Control overwintering insects on deciduous trees or shrubs with dormant oil sprays applied when the temperature is above 40°F in late fall and winter. Do not use "dormant" oils on evergreens.
- ☐ A product containing glyphosate plus a post-emergent broadleaf herbicide can be used on dormant Bermuda in January or February when temperatures are above 50°F for winter weed control.



Von Elm East Ladies Domino Group Starts in 2015

kicks off Tuesday, January 20th at Cheryl Drabek's home, 4713 Elk Run, from 1-3pm. RSVP to guarantee a player's spot at the table or just come and see. No obligation whatsoever to commit; no mandatory attendance or requirement to host if you choose to join us.

RSVP by contacting VonElmEast@cox.net or message on our Facebook page with subject: Ladies Domino Group Reserve My Seat. Please give your name and Von Elm East address.
~Cheryl

Thank you
Putnam City West H.S. Concert Choir
Under the direction of Jenny Reynolds,
our Elk Run Neighbor
For bringing us
the sounds of the season.



Kelly on Facebook: They have been to my house and were fantastic!

Joyce wrote: "So wonderful! Jenny Reynolds does such a good job!"

How exciting it would be if families followed their example and stepped out to carol at their neighbors' door—especially those with adorable singing children?

**We Wish YOU a Merry Christmas
and a Happy New Year!**



NEIGHBORS SHARE...

Go to our Von Elm East Facebook page to read lively discussions on all kinds of issues; example: finding a missing pet, choosing internet service or finding a repairman.

Amy led a discussion that brought neighbors together reuniting a missing pet with its owner.

Kenneth led a discussion about what internet service is working well in our neighborhood.

Robert asked: We need to have a tree removed - does anyone know of an insured tree removal person/service?

Bill wrote: "We used San Filippo Tree Service to do some extensive trimming of our trees and they did an excellent job at a reasonable cost. Call Chris at 426-9225 if you're interested."

Those with home alarms...



It's Permit Renewal Time!

If you have not received yours through the mail, forms can be downloaded at <http://www.cityofyukonok.gov/city-departments/police-department/records/>

New alarm fees are \$50 and due upon activation.

Annual alarm renewal fee is \$10.

Due January 31st to be made payable to "City of Yukon."

An excess of 2 false alarms within one year brings a fine.

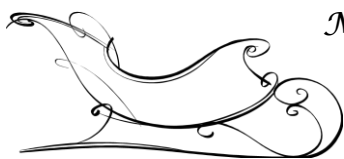
Here is wishing you only FALSE alarms—not real ones!



Yuletide Lighting by FEMA

Hanging holiday lights can be a fun family activity and adds a festive touch to your home. But if you're not careful, yuletide illuminations can also increase your risk of a home fire. According to the U.S. Fire Administration (USFA), **one of every three** home holiday tree fires is caused by electrical problems. Here are tips from the U.S. Consumer Product Safety Commission to keep your decorations from going up in smoke:

- On average 1 of every 40 reported live home Christmas tree fires result in death.
- Whether it's indoors or outside, use only lights that have been tested for safety. Make sure your lights have a label from an independent testing laboratory;
- Check each set of lights, new or old, for broken or cracked sockets, frayed or bare wires, or loose connections. Discard damaged sets or replace them before using;
- Use no more than three standard-size sets of lights per single extension cord;
- Turn off lights on trees and other decorations before going to bed;
- Connect no more than 50 bulbs for screw-in light sets;
- A heat source too close to the Christmas tree causes 1 in every 6 of the fires. Make sure your tree is at least 3 feet away from heat sources like fireplaces, radiators, space heaters, candles or heat vents;
- Get rid of your live Christmas tree when it is dry;
- 2 out of 5 home decoration fires are started by candles. Keep candles at least 12 inches away from anything that burns.



*Merry Christmas,
Happy Holidays,
Happy New Year
Neighbors!*

Sled safely on our streets.

To Solve the Crime watch "Legally Blonde."

The City of Yukon offers a variety of healthy options and locations, locations, locations beginning with safe neighborhoods for walking, running, biking and getting together with neighbors.

Step outside our neighborhood and a whole amazing safe city opens up with parks, gyms, library, and more.

Those **55 or older** visit the Dale Robertson Center – 1200 Lakeshore Drive beside the Yukon Library— On-going activities all designed with all in mind—from head to toe—packed full of happy people choosing active fun, fun, and more fun--where it is known:

"Life is Short—Eat Dessert first!"

We practice the "Five House" Rule—Get to know the neighbors next door to the left and right and the three houses across from you.

We are eyes and ears for our community.

Our Mission... We agree to work together, in respect for each other, for the purpose of protecting property, human life, deterring crime through cooperation and crime prevention actions.

Neighborhood Watch is a non-profit organization that is not directly or indirectly related to the Yukon Police Department. It is separate entity that receives support through guidance. Neighborhood Watch agrees to notify the Yukon Police Department of any suspicious activity or areas of concern.

Deer Creek Newsletter Volunteer NEEDED!

Contact Cheryl at VonElmEast@cox.net.

Newsletter ONLINE @ www.CityofYukonOK.Gov
>Police Department>>Neighborhood Watch




Thank you, Newsletter Volunteers -- Bois D'Arc WADE WARDLOW • Chimney Hills Rd & Hunton Terrace TRECIA STATON • Deer Creek NEEDED • Deer Creek Ct MARGARET ALBRECHT •

Elk Run CAM DOOLEY • Osborn Lane CALAWAYS • Oswego Drive KATHY RICE • N. Sky Trail NOWLINS • S. Sky Trail SHIRLEY PFIEFFER • Sylvan Sand & Prue Sand ROHWERS • Valley Road JESSUPS • Viola Drive MARK BUMGARNER • 1300 block Von Elm Place CHERYL VASCELLARO • 1400 block Von Elm Place BILL WALKER • Wilcox Lane JENNIFER ASHTON • Wolf Lane GLORIA BOZARTH • Sub MICKEY QUOTONE
Newsletters provided by Community Action Agency.

Who are my neighbors?

Let's welcome our new neighbors of this year and touch base with our old ones. Let the following page help you meet and greet in the midst of the season. And Neighborhood Watch becomes real and practiced.

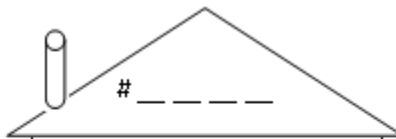
My “Five House Rule” Block Map (post on the frig AND make a copy for work)



Name _____

Phone _____


Tag#’s _____



Name _____

Phone _____

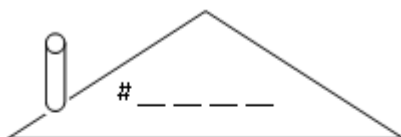
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Name _____

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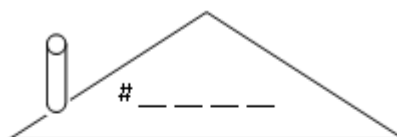
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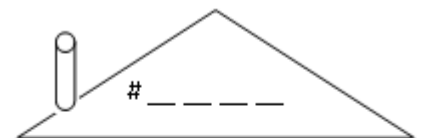
Tag#’s _____



Name _____

Phone _____

Tag#’s _____



Name _____

Phone _____

Tag#’s _____

Non-Emergency (Crime is not ongoing.)	AFTERWARDS VonElmEast@cox.net	EMERGENCY
354-1711 or 354-2553		911

Use 911 emergency system for all law enforcement matters that are a crime-in-progress, fire or medical **emergency.**

State clearly what kind of assistance you need—Police, Fire or Medical

If you are not reporting a crime in progress, tell the operator “This is a non-emergency.”

Stay on the phone and answer all questions. Do not hang up until the dispatcher tells you to.

Give your specific location.

Use your block map to give a neighbor’s address if necessary.

Remain calm and speak clearly.

Email or Facebook Von Elm East Neighborhood Watch AFTER contacting Yukon Police Dept.